

From Rittners Floral School, Boston, MA.

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## The Health Benefits of Florals

Flowers and their art are not just “pretty.”

There is an accumulating body of research that indicates that flowers and botanicals actually **have a positive impact upon our health and human well being...**

In other words, when you take a class or course at Rittners Floral School, you are actually **doing something that is good for you!**

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